



Corbilina Mends a Broken Heart

1. Cut out the hearts on the following page.
2. Take one heart and write hurtful words on the front, and write how they make you feel on the back.
3. Crumble the heart up.
4. Smooth the heart out.

The heart will never smooth out entirely, showing the damage hurtful words can do.

NEXT

1. Take the second heart and write kind words on the front.
2. Glue this heart to the 'broken heart' you already made. This kind heart helps add stability to the 'broken heart', showing that kind words can help mend it.

Extra: Keep gluing kind hearts to the broken heart. It becomes more and more stable, repairing the damage done by the hurtful words.



